

The
PIER HOUSE
HOTEL · BAR · RESTAURANT

Menu with wheat and gluten information

Please let a team member know if you have any dietary requirements or allergies.*

STARTERS

- Fresh Local Mussels** white wine, garlic and cream sauce, crusty bread. £9.00 - *Contains wheat. Non-gluten option.*
- Loaded Fries** pulled pork, melted cheese, sour cream, jalapeños. £9.00 - *Non-gluten ingredients.*
- Bread and Olives** carrot and cumin houmous, balsamic vinegar, olive oil. (vg) £7.50 - *Contains wheat. Non-gluten option.*
- Nachos** tortilla chips, salsa, guacamole, sour cream, melted cheese. (v) £8.00 - *Non-gluten ingredients.*
- Add a Topping: Vegetable Chilli (v) £3.00 / Beef Chilli £3.00 / Pulled Pork £4.00

MAINS

- Atlantic Cod Deep-Fried in Tribute Ale Batter** chips, mushy peas, Cornish seaweed salt. £13.50
- *Contains wheat. Non-gluten option.*
- 6oz Pier House Burger** brioche bun, chips, onion rings, coleslaw. £12.00 - *Contains wheat. Non-gluten option.*
Add Bacon, Cheddar or Cornish Blue £2.00 / Add Pulled Pork and Jalapeños £4.00
- Sweet Potato, Lemongrass and Coconut Curry** coconut rice. (vg) £13.00 - *Non-gluten ingredients.*
- Cauliflower Scampi** cauliflower florets, rolled in panko breadcrumbs, chips, garden peas, tartare sauce. (vg) £12.50
- *Contains wheat. Non-gluten option.*
- Brynn's Fish Pie** cod, salmon, prawns, crab and smoked mackerel in a rich cheese sauce, buttery mash, peas. £14.50
- *Contains wheat. Non-gluten option.*
- Bubble and Cheek** pan-fried vegetables and potato, smoked bacon, pork cheek, free range fried eggs. £12.00
- *Contains wheat. Non-gluten option.*
- Seafood Pancake** herb pancake and selection of seafood in a rich cheese sauce with salad or chips. £14.00
- *Contains wheat. Non-gluten option.*
- Fresh Local Mussels** white wine, garlic and cream sauce, crusty bread. £16.00 - *Contains wheat. Non-gluten option.*
- Spicy Seafood Jambalaya** cod, prawns, smoked mackerel, mussels, king prawns, chorizo sausage, rice, warm pitta bread. £16.00
- *Contains wheat. Non-gluten option.*

DESSERTS

- Sticky Toffee Pudding** rich toffee sauce, salted caramel ice cream. (v) £6.00 - *Contains wheat.*
- Warm Chocolate Brownie** salted caramel, vanilla ice cream. £6.00 - *Contains wheat.*
- Pier House Brûlée** Cornish clotted cream biscuit. £6.00
- *Contains wheat.*
- Trio of Treleavens Ice Cream** chocolate, strawberry, vanilla, salted caramel or dairy-free vanilla. (v) £5.50
- *Non-gluten ingredients.*

SANDWICHES AND WRAPS

- Available from 12-5pm. Served with salad garnish and crisps.
- West Country Cheddar** spring onion coleslaw. (v) £7.00
- *Contains wheat.*
- Pulled Pork** warm ciabatta, sour cream, jalapeños. £8.50
- *Contains wheat.*
- Indian Garden Wrap** warm bhaji, South Indian salad, mint and cucumber raita. (vg) £8.00 - *Contains wheat.*

SIDES

- Fries (vg) £4.00 - *Non-gluten ingredients.*
- Chips (vg) £4.00 - *Non-gluten ingredients.*
- Garlic Bread (v) £3.75 - *Contains wheat.*
- Invisible Chips - 0% Fat, 100% Hospitality £2.00**

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.
*Information about all other allergens is recorded and available upon request.
Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

**All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit [hospitalityaction.org.uk](https://www.hospitalityaction.org.uk) for more details.